

How do you feel when you are in contact with nature?

Before you start, answer the following questions:

What places make you feel relaxed? Why? What do you usually do there?

Which of the following images best connects you with nature? Why? (Tick ✓ your answer/s)



Pista: Recordá que al final de la ficha encontrarás la **clave de respuestas** de las actividades para revisar tu trabajo.

Pista: El **proceso de lectura** del siguiente texto está dividido en una serie de actividades para que puedas interactuar con el texto de distintas maneras con el fin de facilitar su comprensión. Asimismo, también podrás desarrollar distintas **estrategias de comprensión lectora**, por ejemplo, identificar información general o específica, analizar el **paratexto**, etc. A los elementos que acompañan a un texto (título, imágenes, subtítulos, etc.) se los denomina **paratexto**. Recordá **subrayar** o **resaltar** en el texto la información que te permite resolver las actividades.

1. Here is an interesting website. Look at the **paratext** and answer the following questions:

- What is the name of the website?
- What are the different sections of the website?
- What are the titles of the blog entries?
- When were the blog entries published?
- Is there a sidebar* next to the blog entries?
- What can you see in the pictures?

* sidebar: a narrow area on the side of a computer screen or a web page that is separate from the main part of the page. (Source: Oxford Learner's Dictionary).

DARA McANULTY

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#NatureIsMySafetyNet

20 March 2017

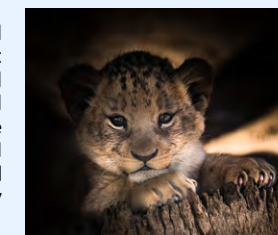
My name is Dara McAnulty and I'm an 18-year-old Northern Irish naturalist, writer and environmental campaigner. When I was 5, I was 'diagnosed' with Asperger's syndrome. Life was isolated and difficult... but I continued to learn, write, take photographs and feel joy in interacting with nature. I started my blog at the kitchen table in 2016. It was a solitary reflection on how nature made me feel. Then, I began to volunteer and meet people. Thanks to these interactions with my community, I gained the strength and confidence to campaign for the protection of nature. I didn't feel lonely anymore!



#WhatAnHonour!

15 November 2018

On Tuesday, I attended a very positive and inspirational event! I became a Young Ambassador for #iWill4Nature: a youth social action campaign to promote social participation. This is my promise: #iWill ensure that local governments and organisations give precedence to the connection between youth, nature and mental health. I hope to continue working with lots of organisations and connect more people with nature because a healthy environment has a huge impact on our mental health!



Adapted version from "Dara McAnulty". <https://bit.ly/3NJR4uN>

2. Scan* the text and answer these questions. Underline the information in the text to justify your answers:
- What is Dara's surname?
 - How old is Dara?
 - Where is Dara from?
 - Was life easy for Dara when he was a little boy?
 - When did he start his blog?
 - Where did he go on Tuesday?

* scan: to read something very quickly, in order to get a general idea of its meaning or to find particular information. (Source: Macmillan Dictionary).

3. Now read the text carefully and decide if the following sentences are true (T) or false (F):
- Dara was diagnosed with Asperger's syndrome when he was a little boy.
 - He started writing his blog in a park near his house.
 - Dara was always confident about participating in community projects.
 - #iWill4Nature is a vegan organisation.
 - Dara wants to help people interact with nature.



Pista: En inglés, para hablar de acciones/situaciones que empezaron y terminaron en el pasado, usamos el **pasado simple** (past simple). Los **verbos regulares** agregan **-d, -ed, o -ied** según su terminación. (Te sugerimos que revises estas reglas en particular). Lee la siguiente oración del blog de Dara: 1) I **started** my blog at the kitchen table in 2016. Los **verbos irregulares** no siguen ninguna regla para formar el pasado. Mirá estos ejemplos: 2) Then, I **began** to volunteer and meet people. 3) I **became** a Young Ambassador for #iWill4nature. Para formar una oración en negativo, usamos **didn't + el verbo en infinitivo**: 4) I **didn't feel** lonely anymore! 5) When I was little, I **didn't like** meeting new people. Revisá las fichas anteriores para ver el uso del verbo ser/estar en pasado simple.

4. Dara is Sir David Attenborough's number one fan. Read an extract from the legendary naturalist's biography and complete the gaps with the correct form of the verbs.

David Attenborough is a famous naturalist and television personality. He **(be) (a)** born on May 8, 1926, in a suburb of London, England. His father **(be) (b)** a university principal and a writer. David and his two brothers **(be) (c)** successful in their careers. David's older brother Richard **(become) (d)** an Academy Award-winning actor and director, and his younger brother, John **(get) (e)** an important job as a top executive at the Italian car company Alfa Romeo.

David's fascination with the natural world **developed (f)** early. When he was 7, he **(have) (g)** a huge collection of bird eggs and fossils. He **(go) (h)** to a lecture by famous naturalist Grey Owl in 1936. This event contributed to his growing interest in the subject. After graduating from high school, he **(receive) (i)** a scholarship to study the natural sciences at the University of Cambridge.

Adapted version from "David Attenborough. Biography".
<https://bit.ly/3914Pqr>

5. Read Sir David Attenborough's biography again and correct the notes the biographer wrote before checking his research information:

Sir David Attenborough → **(be)** born on May 8, 1928. ✘
Sir David Attenborough **wasn't** born on May 8, 1928. He was born on May 8, **1926**.

David's older brother Richard → **(become)** a professional athlete. ✘
David's older brother Richard **didn't become** a professional athlete. He became **an actor and a director**.

a. Sir David Attenborough's dad → **(be)** a school teacher. ✘

b. John Attenborough → **(get)** an important job at an American car company. ✘

c. When David was 7, he → **(have)** a huge collection of butterflies. ✘

d. David → **(meet)** Grey Owl during a lecture in 1939. ✘

e. David → **(receive)** a scholarship to study the natural sciences at the University of Oxford. ✘

Before you finish

Answer the following question: How do you think nature is connected with mental health?

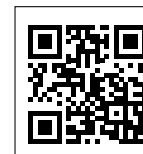


Further practice

Scan the QR code to watch the video featuring Sir David Attenborough and Greta Thunberg talking about nature and the environment. Are they hopeful about the future? Why? Why not?

'People are listening', Greta meets Sir David
BBC.

<https://bit.ly/3PMd7mz>



Escaneá este código para acceder al contenido.

Keys for correction: 1) a. Dara McAnulty; b. Home; About; Blog; Journalism; Contact; c. #NatureIsMySafetyNet #WhatAnHonour! d. 20 March 2017; 15 November 2018; e. No, there isn't; f. Some penguins and a lion cub* (*cub: a young lion, bear, wolf, etc. Cambridge dictionary); **2)** a. McAnulty; b. 18; c. Northern Ireland; d. No, it wasn't; d. 2016; e. He went to a positive and inspirational event; **3)** a. T; b. F; c. F; d. F; e. T. **4)** a. was; b. was; c. were; d. became; e. got; g. had; h. went; i. received. **5)** a. Sir David Attenborough's dad wasn't a **school teacher**. He was a **university principal and a writer**. b. John Attenborough didn't get an important job at an **American** car company. He got a job at an **Italian** company. c. When David was 7, he didn't have a huge collection of **butterflies**. He had a huge collection of **bird eggs and fossils**. d. David didn't meet Grey Owl during a lecture in **1939**. He met him in **1936**. e. David didn't receive a scholarship to study the natural sciences at the **University of Oxford**. He received a scholarship to study at the **University of Cambridge**.